

## State Health Insurance Assistance Program Contact Information

Your state receives a CMS State Health Insurance Assistance Program (SHIP) grant to support local personalized counseling and assistance to people with Medicare and their families. To contact the SHIP in your state, please consult this listing.

<b>Alabama</b> 1-800-243-5463	<b>Illinois</b> 1-800-548-9034 In-State Calls Only	<b>Nebraska</b> 1-800-234-7119	<b>South Carolina</b> 1-800-868-9095
<b>Alaska</b> 1-800-478-6065 In-State Calls Only	<b>Indiana</b> 1-800-452-4800	<b>Nevada</b> 1-800-307-4444	<b>South Dakota</b> 1-800-536-8197 1-605-333-3314 Local
<b>Arizona</b> 1-800-432-4040	<b>Iowa</b> 1-800-351-4664	<b>New Hampshire</b> 1-800-852-3388 In-State Calls Only	<b>Tennessee</b> 1-877-801-0044
<b>Arkansas</b> 1-800-224-6330	<b>Kansas</b> 1-800-860-5260	<b>New Jersey</b> 1-800-792-8820	<b>Texas</b> 1-800-252-9240
<b>California</b> 1-800-434-0222 In-State Calls Only	<b>Kentucky</b> 1-877-293-7447	<b>New Mexico</b> 1-800-432-2080 In-State Calls Only	<b>Utah</b> 1-800-541-7735
<b>Colorado</b> 1-888-696-7213	<b>Louisiana</b> 1-800-259-5301 In-State Calls Only	<b>New York</b> 1-800-333-4114	<b>Vermont</b> 1-800-642-5119 In-State Calls Only
<b>Connecticut</b> 1-800-243-5463 In-State Calls Only	<b>Maine</b> 1-877-353-3771 In-State Calls Only	<b>North Carolina</b> 1-800-443-9354	<b>US Virgin Islands</b> St. Croix 1-340-772-7368 St. Thomas 1-340-714-4354
<b>Delaware</b> 1-800-336-9500 In-State Calls Only	<b>Maryland</b> 1-800-243-3425 In-State Calls Only	<b>Ohio</b> 1-800-686-1578	<b>Virginia</b> 1-800-552-3402
<b>Florida</b> 1-800-963-5337	<b>Massachusetts</b> 1-800-243-4636	<b>Oklahoma</b> 1-800-763-2828 In-State Calls Only	<b>Washington</b> 1-800-562-6900
<b>Georgia</b> 1-800-669-8387	<b>Michigan</b> 1-800-803-7174	<b>Oregon</b> 1-800-722-4134 In-State Calls Only	<b>District of Columbia</b> 1-202-739-0668 Local
<b>Guam</b> 1-671-735-7382 Local	<b>Minnesota</b> 1-800-333-2433	<b>Pennsylvania</b> 1-800-783-7067	<b>West Virginia</b> 1-877-987-4463
<b>Hawaii</b> 1-888-875-9229	<b>Mississippi</b> 1-800-948-3090	<b>Puerto Rico</b> 1-877-725-4300	<b>Wisconsin</b> 1-800-242-1060
<b>Idaho</b> 1-800-247-4422 In-State Calls Only	<b>Missouri</b> 1-800-390-3330	<b>Rhode Island</b> 1-401-462-3000 Local	<b>Wyoming</b> 1-800-856-4398